

Eastlake Golf Handbook

“Most battles are won before they are fought”

Coaching Staff:

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Honor & Tradition: Golf is a game of honor and tradition. At Eastlake, we will know the rules and how to apply them. It will be expected that Eastlake golfers play within the rules and spirit of the game at all times. This involves honesty and integrity. It means calling rules violations on yourself at the time of infractions. It means recording your score and the score of your opponent(s) accurately and honestly. If this does not apply to you, read no farther. Violations in this area will result in dismissal from the Eastlake Golf Team.

Lake Washington School District Athletic Code of Conduct / Drug & Alcohol Policies

Violation in either of these areas may result in suspension or dismissal from the Eastlake Golf Team. These policies are in effect 365 days per year. In addition, you are held to the highest standard in regard to any and all social media posts. If you post something inappropriate, you will be held accountable.

Attendance & Punctuality

It will be expected that you attend all practices as scheduled and arrive on time. This means at least **30 minutes or more prior to the match start time**. Appointments should be made **outside** of our regularly scheduled practice times. This includes playing lessons and individual instruction. It will be expected that you are stretched and warmed up for practice by 3:00pm. If you are at school, we will expect you at practice. If you are **not** at school, TEXT Coach Bangasser by 10:00am to let him know that you are sick. If you are sick on the day of a match, make contact by 8:00am. Remember: **If you can't be on time, be early.**

Tryout guidelines

The returning District qualifiers who advanced to day #2 of the district tournament the previous year will have a spot on the next year's team provided they are in good academic standing and meeting the WIAA and Eastlake criteria for academic eligibility. This includes no violations of the Lake Washington School District Drug & Alcohol Policy and the district athletic code of conduct. The top 11 after day three (including the returners from the previous year) are on the team.

The coaching staff will have one remaining discretionary pick. Criteria for the coaches' selection will be based on the following: academic standing, future potential, and commitment to the game.

The try-out qualifier will be 54 holes. There **may** be a cut after 36 holes (throwing out the highest nine-hole score to that point a player must score 150 or lower for the best three nine hole scores to that point). Day 3 will typically be played at Snohomish and all 18 holes will count for your 45-hole total. If there is a tie for the final spot on the team, an additional nine holes will be played to break the tie the following day.

Alternates

In the case of injury, illness, or athletic code violation, a player previously cut during tryouts may be called up to join the team for the remainder of the season.

Practice Information

Practice Schedule

The final copy of the match and practice schedule will be handed out after the tryouts and the team has been selected. Golf team commitment is four days per week (less than any other EHS sport). You will be expected to be at ALL team functions.

Cancellation of Practice & how it is communicated

In the case of inclement weather, a TEXT will be sent to you by 2:00pm. **If there is no text, practice is “on”.** Please do not text me or Coach Hanson. Coaches or captains will text YOU regarding any changes.

Practice Routine

We will practice Monday through Thursday at either Sahalee, Plateau CC, Redmond Ridge or Willows. We will have a practice routine of warm-up, range time, short game work and course time. What we do will be dependant on the availability of the course(s) and your individual work needed on your game. We will have a set ending time for practice.

On days when we practice at Plateau CC, non-members will pay half of the junior guest fee with the booster club paying the other half.

Lightening* Very few things will deter us, but we treat thunder and lightening with respect!

In the case of lightening we will **keep safety the #1 priority** and leave the course immediately and do so with a sense of urgency.

Lightening Protection on the golf course:

The Rules of Golf specifically mention and allow for the danger of lightning. Rule **37-6** (Discontinue of Play) states, in part:

“Players shall not discontinue play on account of bad weather or for any other reason, unless:

a. They consider that there will be danger from lightning...”

Contestants in USGA Championships are rarely called upon to invoke this privilege. A siren is mounted prior to each competition and is sounded three times, signifying discontinuance of play, whenever lightning threatens.

The following are suggestions from “Protection of Persons Against Lightning on Golf Courses”, which is published on a poster and in the USGA Rules of Golf booklet:

(a) Do not go out of doors or remain out during thunderstorms unless it is necessary. Stay inside of a building where it is dry, preferably away from fireplaces, stoves and other metal objects.

(b) If there is any choice of shelter, choose in the following order

1. Large metal or metal frame buildings.
2. Dwellings or other buildings which are protected against lightning.

3. Large unprotected buildings.
 4. Small unprotected buildings.
- (c) If remaining out of doors is unavoidable, keep away from:
1. Small sheds and shelters if in an exposed location.
 2. Isolated trees.
 3. Wire fences.
 4. Hilltops and wide open spaces.
- (d) Seek shelter in:
1. A cave.
 2. A depression in the ground.
 3. A deep valley or canyon.
 4. The foot of a steep or overhanging cliff.
 5. Dense woods.
 6. A grove of trees.

Note: It is understood that raising golf clubs or umbrellas above head is dangerous.

Etiquette

For practice we will play READY GOLF. Be efficient with your movement and placement of your golf bags. Remember to use sand and seed mix to repair your hitting area on the range when we hit off grass. We will replace divots on the course and repair any and all ball marks that we see on all courses we play. We will rake bunkers with care and place rakes where required at the courses that we play.

Dress Code

The Eastlake Golf team is considered a guest at Sahalee and will strictly adhere to the Sahalee dress code. Shirts will be tucked in at all times. Players will wear wrinkle-free, clean, golf attire. Hats or visors will be worn with the bill facing forward. Belts will match shoes, which will match socks. This is an area where we will be beyond reproach. Team issued golf bags will be used for all matches. Keep **NO** FOOD OF ANY KIND IN YOUR GOLF BAG!

Cell phone policy

No use of cell phone (including TEXTS) at Sahalee Country Club at any time except in the **parking lot**. No exceptions! No cell phone use (includes texting or checking sports scores, etc) at team functions without prior permission.

Uniforms / Gear

Bags and long sleeved shirts (black) are to be turned in the final day of the season. Cost for replacement is:

Bags: \$250 Shirts: \$75

Golf Rules

We will have a rules clinic after the team has been selected. We will become **experts** in this area. Learn the rules of golf so they can **help** you!

Kingco Rules: (you will receive these after the team has been selected and we will review them prior to our first match.)

Match Information

Dismissal from School on match days

The school will dismiss you at 2:00pm on the days of **Home** matches. You are expected to head directly to the course and NOT head home for lunch, equipment, etc. We expect you to drive safely, but be on the range by 2:20pm on match days, 2:50pm on practice days.

Transportation

The LWSD **will NOT** Provide Transportation to any EHS Golf Events.

Be sure to obey all speed limits and traffic laws especially in the Sahalee neighborhood.

Selecting the lineup

The order of the Eastlake lineup for the first match will be based on the tryout scores. After the first match, the lineup will be based on your scoring average of the previous 3 matches. The selection of the players for the district tournament will be based on your scoring average throwing out the highest **ONE** match score. This will be in relation to par. **We will play 10 Eastlake golfers in each match and count the 5 best Eastlake scores for scoring for all regular season matches.** As coaches, we will match complementary EHS players with each other to maximize our team strengths. This might mean that the golfer ranked #1 for EHS may play with EHS golfer ranked #7 and so on.

Post-Match

You will be expected to keep your stats on your scorecards and give that data to Coach Hanson after each match, Double- check scorecards, sign them and then turn them into the host coach. You will then head to the practice putting green. All players are required to stay until all have finished playing on match days.

Determining Kingco Tournament participants

The final six golfers will be determined based on all match scores throwing out your highest score in relation to par. In the case where two or more players are very closely matched, an 18-hole play-off **may** be used to determine the final spot(s) for district. We want the players who are playing well at that point in the season to represent us at the tournament. The Kingco Tournament will use the best 4 scores of the 5 designated TEAM players.

Lines of Communication

Expect open, honest and direct communication from the coaching staff. If you (player) have a concern, bring it directly to a coach. It is important that you come and deal with the concern/issue directly. Communication takes place best in a **straight line**.

I will send team info via e-mail. If you do not have an account, get one and send me a note from that e-mail account to pebangasser@comcast.net. Make sure that you check your e-mail at least a few times per week and respond to me letting me know that you have received the information/message. While I do not send team communications to parents, they are welcome to read whatever I send.

Fundraising

Since we are holding a fundraiser it will be expected that you do your part and get involved.

You will be the beneficiary of the funds raised!

Letter Requirements

To earn a varsity letter your golf score must be used as a varsity score (top 5) in two or more matches or score 45 or lower in two matches. In addition, you must attend all practices unless **excused prior to practice and then, only due to illness where you stayed home from school.**

Use of Sahalee CC

Please remember that we are GUESTS at Sahalee Country Club. Keep voices “golf quiet”. You may use push-carts but remember that they should NOT travel between green-side bunkers and the greens nor on tee boxes. **Replace all divots (our players will carry sand/seed bottles each day during practice).** Repair two ball marks per green. Rake bunkers properly and place rakes in bunkers as requested.

Pick up all balls and rake practice bunkers in short game practice area at west end of parking lot when we practice there. Sand all divots there and repair ball marks in this practice area.

To Do NOW:

- Get cleared on-line (opens on June 1st)
- You will not pay the sports participation fee until Aug 27, but it MUST be paid by Aug. 28.
- **Golfers Please send an e-mail from your personal e-mail to pebangasser@comcast.net with your parents first names and YOUR birthday.**

Important Dates for FALL of 2020

June 1	Registration opens on-line to get cleared for golf. Check the School website to begin the registration process: https://ehs.lwsd.org/athletics
Aug. 21	Final Day to get cleared to try out for golf
Aug. 24	2:00pm Try-out at Mount Si (Approx. \$30) WHITE Tees
Aug. 25	2:30pm Try-out at Willows Run (Approx. \$30) White Tees
Aug. 26	1:30pm Try-out at Snohomish Golf Course (Approx. \$30) GOLD Tees Team will be selected this day unless there is a tie.
Aug. 27	First TEAM practice at Sahalee at 3:30pm Dress Code Strictly enforced Likely a rules clinic and gear check out after practice at EHS
Aug. 28	Payment Deadline - MUST have \$200 sports participation fee paid on-line
Aug. 29	Our Kingco MATCH schedule will be available at Kingcoathletics.com
Sept. 2	Parent Meeting at EHS at 7:00pm in the Theater

Think, Prepare, and Act Like Champions!!